FIASP® (insulin aspart injection) for subcutaneous or intravenous use
Initial U.S. Approval: 2000

--- INDICATIONS AND USAGE ---

• FIASP® is a rapid-acting human insulin analog indicated to improve glycemic control in adults with diabetes mellitus (1).

--- DOSAGE AND ADMINISTRATION ---

• Individualize and adjust the dosage of FIASP® based on route of administration, individual’s metabolic needs, blood glucose monitoring results and glycemic control goal (2.2).

• Dosage adjustments may be needed when switching from another insulin, with changes in physical activity, changes in concomitant medications, changes in meal patterns, changes in renal or hepatic function or during acute illness (2.2).

• Subcutaneous injection (2.2):
  - Inject at the start of a meal or within 20 minutes after starting a meal into the abdomen, upper arm, or thigh.
  - Rotate injection sites within the same region.
  - Should generally be used in regimens with an intermediate- or long-acting insulin.

• Intravenous Infusion: Administer only under medical supervision after diluting to concentrations from 0.5 to 1 unit/mL insulin aspart in infusion systems using polypropylene infusion bags (2.2).

--- DOSAGE FORMS AND STRENGTHS ---

Injection: 100 units/mL (U-100):
- 10 mL multiple-dose vial (3)
- 3 mL single-patient-use FIASP® FlexTouch® pen (3)

--- CONTRAINDICATIONS ---

• During episodes of hypoglycemia (4).

• Hypersensitivity to insulin aspart or one of the excipients in FIASP® (4).

--- WARNINGS AND PRECAUTIONS ---

• Never share a FIASP® FlexTouch® pen between patients, even if the needle is changed (5.1).
• Hyper- or hypoglycemia with changes in insulin regimen: Carry out under close medical supervision and increase frequency of blood glucose monitoring (5.2).
• Hypoglycemia May be life-threatening. Increase frequency of glucose monitoring with changes to: insulin dosage, co-administered glucose lowering medications, meal pattern, physical activity; and in patients with renal impairment or hepatic impairment or hypoglycemia unawareness (5.3).
• Hypoglycemia due to medication errors: Accidental mix-ups between insulin products can occur. Instruct patients to check insulin labels before injection (5.4).
• Hypokalemia: May be life-threatening. Monitor potassium levels in patients at risk for hypokalemia and treat if indicated (5.5).
• HYPERSensitivity reactions: Severe, life-threatening, generalized allergy, including anaphylaxis, can occur. Discontinue FIASP®, monitor and treat if indicated (5.6).
• Fluid retention and heart failure with concomitant use of thiazolidinediones (TZDs): Observe for signs and symptoms of heart failure; consider dosage reduction or discontinuation if heart failure occurs (5.7).

--- ADVERSE REACTIONS ---

Adverse reactions observed with FIASP® include: hypoglycemia, allergic reactions, hypersensitivity, injection site reactions, lipodystrophy, and weight gain (6.1).

To report SUSPECTED ADVERSE REACTIONS, contact Novo Nordisk Inc. at 1-800-727-6500 or FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.

--- DRUG INTERACTIONS ---

• Drugs that Increase Hypoglycemia Risk or Increase or Decrease Blood Glucose Lowering Effect Adjustment of dosage may be needed; closely monitor blood glucose (7).

• Drugs that blunt Hypoglycemia Signs and Symptoms (e.g., beta-blockers, clonidine, guanethidine, and reserpine): Increased frequency of glucose monitoring may be required (7).

See 17 for PATIENT COUNSELING INFORMATION and FDA-approved patient labeling.

New: 09/2017
5.2 Hyperglycemia or Hypoglycemia with Changes in Insulin Regimen

Changes in insulin, insulin strength, manufacturer, type, or method of administration may affect glycemic control and predispose to hyperglycemia or hypoglycemia. These changes should be made cautiously and only under close medical supervision and the frequency of blood glucose monitoring should be increased. For patients with type 2 diabetes, dosage adjustments in concomitant anti-diabetic treatment may be needed.

5.3 Hypoglycemia

Hypoglycemia is the most common adverse reaction of all insulin therapies, including FIASP® [see Adverse Reactions (6.1)]. Severe hypoglycemia can cause seizures, may lead to unconsciousness, may be life-threatening, or cause death. Hypoglycemia can impair concentration ability and reaction time; this may place an individual at risk in situations where these abilities are important (e.g., driving or operating other machinery). FIASP®, or any insulin, should not be used during episodes of hypoglycemia [see Contraindications (4)].

Hypoglycemia can happen suddenly and symptoms may differ in each individual and change over time in the same individual. Symptoms to hypoglycemia untreated hypoglycemia may usually reflects the time-action profile of the administered insulin formulation. As with all insulin preparations, the glucose lowering effect time course of FIASP® may vary in different individuals or at different times in the same individual and depends on many conditions, including the area of injection as well as the injection site blood supply and temperature [see Clinical Pharmacology (12.2)].

Other factors which may increase the risk of hypoglycemia include changes in meal pattern (e.g., macronutrient content or timing of meals), changes in level of physical activity, or changes to co-administered medication [see Drug Interactions (7)]. Patients with renal or hepatic impairment may be at higher risk of hypoglycemia [see Use in Specific Populations (6.6, 8.7)].

Risk Mitigation Strategies for Hypoglycemia

Patients and caregivers must be educated to recognize and manage hypoglycemia. Self-monitoring of blood glucose plays an essential role in the prevention and management of hypoglycemia. In patients at higher risk for hypoglycemia and patients who have reduced symptomatic awareness of hypoglycemia, increased frequency of blood glucose monitoring is recommended.

5.4 Hypoglycemia Due to Medication Errors

Accidental mix-ups between insulin products have been reported. To avoid medication errors between FIASP® and other insulins, instruct patients to always check the insulin label before each injection.

5.5 Hypokalemia

All insulin products, including FIASP®, can cause a shift in potassium from the extracellular to intracellular space, possibly leading to hypokalemia. Insulin therapy can cause respiratory paralysis, ventricular arrhythmia and death. Monitor potassium levels in patients at risk for hypokalemia if indicated (e.g., patients using potassium-lowering medications, patients taking medications sensitive to potassium concentrations).

5.6 Hypersensitivity and Allergic Reactions

Severe, life-threatening, generalized allergy, including anaphylaxis, can occur with insulin products, including FIASP® [see Adverse Reactions (6.1)]. It hypersensitivity reactions occur, discontinue FIASP®, treat per standard of care and monitor until symptoms and signs resolve. FIASP® is contraindicated in patients who have had hypersensitivity reactions to insulin aspart, or one of the excipients in FIASP® [see Warnings and Precautions (5.6)].

5.7 Fluid Retention and Heart Failure with Concomitant Use of PPAR-Gamma Agonists

Thiazolidinediones (TZDs), which are peroxisome proliferator-activated receptor (PPAR)-gamma agonists, can cause dose-related fluid retention, particularly when used in combination with insulin. Fluid retention may lead to or exacerbate heart failure. Patients treated with insulin, including FIASP®, and a PPAR-gamma agonist should be observed for signs and symptoms of heart failure. If heart failure develops, it should be managed according to current standards of care, and discontinuation or dose reduction of the PPAR-gamma agonist must be considered.

6 ADVERSE REACTIONS

The following adverse reactions are also discussed elsewhere:

- Hypoglycemia [see Warnings and Precautions (5.3)]
- Hypokalemia [see Warnings and Precautions (5.5)]
- Hypersensitivity and allergic reactions [see Warnings and Precautions (5.6)]

6.1 Clinical Trial Experience

Because clinical trials are conducted under widely varying conditions, adverse reaction rates observed in the clinical trials of a drug cannot be directly compared to rates in the clinical trials of another drug, and may not reflect the rates actually observed in clinical practice.

The data in Table 1 reflect the exposure of 783 patients with type 1 diabetes to FIASP® in one clinical trial with a mean exposure duration of 25 weeks [see Clinical Studies (14)]. The mean age was 44.4 years and the mean duration of diabetes was 19.9 years. 59% were male, 93% were Caucasian, 2% were Black or African American and 7% were Hispanic. The mean BMI was 26.7 kg/m² and the mean HbA1c at baseline was 7.5%.

The data in Table 2 reflect the exposure of 341 patients with type 2 diabetes to FIASP® in one clinical trial with a mean exposure duration of 24 weeks [see Clinical Studies (14)]. The mean age was 59.6 years and the mean duration of diabetes was 13.2 years. 47% were male, 80% were Caucasian, 6% were Black or African American and 8% were Hispanic. The mean BMI was 31.5 kg/m² and the mean HbA1c at baseline was 8.0%.

Table 1. Adverse Reactions (%) in Patients with Type 1 Diabetes

<table>
<thead>
<tr>
<th>Adverse Reaction</th>
<th>FIASP® + Insulin detemir (N=386)</th>
<th>Postmeal FIASP® + Insulin detemir (N=377)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Back pain</td>
<td>5.2</td>
<td>4.0</td>
</tr>
<tr>
<td>Diarrhea</td>
<td>5.4</td>
<td>3.2</td>
</tr>
<tr>
<td>Nausea</td>
<td>4.9</td>
<td>5.0</td>
</tr>
<tr>
<td>Urinary tract infection</td>
<td>5.9</td>
<td></td>
</tr>
</tbody>
</table>

*Incidence ≥ 5% and occurring at the same rate or greater with FIASP® than comparator.

Table 2. Adverse Reactions (%) in Patients with Type 2 Diabetes

<table>
<thead>
<tr>
<th>Adverse Reaction</th>
<th>FIASP® + Insulin glargine (N=341)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hypokalemia</td>
<td></td>
</tr>
<tr>
<td>Hypoglycemia</td>
<td></td>
</tr>
</tbody>
</table>

Hypoglycemia is the most commonly observed adverse reaction in patients using FIASP® [see Warnings and Precautions (5.3)]. The rates of reported hypoglycemia depend on the definition of hypoglycemia used, diabetes type, insulin dose, intensity of glucose control, background therapies, and other intrinsic and extrinsic patient factors. For these reasons, comparing rates of hypoglycemia in clinical trials for FIASP® with the incidence of hypoglycemia for other products may be misleading and also, may not be representative of hypoglycemia rates that occur in clinical practice.

Incidence rates for severe hypoglycemia in adults with type 1 and type 2 diabetes mellitus treated with FIASP® in clinical trials are shown in Table 3 [see Clinical Studies (14)].

Table 3. Proportion (%) of Patients with Type 1 Diabetes and Type 2 Diabetes Experiencing at Least One Episode of Severe Hypoglycemia in Clinical Trials

<table>
<thead>
<tr>
<th>Study A (Type 1)</th>
<th>Study B (Type 2)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mealtimes FIASP®</td>
<td>Insulin detemir (N=368)</td>
</tr>
<tr>
<td>Severe hypoglycemia*</td>
<td>6.7</td>
</tr>
</tbody>
</table>
Lipodystrophy
Administration of insulin, including FIASP®, has resulted in lipodystrophy (enlargement or thickening of tissue) and lipatrophy (depression in the tissue). In the clinical program, lipodystrophy was reported in 0.4% of patients treated with FIASP® [see Dosage and Administration (2.2)].

Injection Site Reactions
As with other insulin therapies, patients may experience rash, redness, inflammation, bruising or itching at the site of FIASP® injection. These reactions usually resolve in a few days to a few weeks, but in some cases, may require discontinuation of FIASP®. In the clinical program, injection site reactions occurred in 1.6% of patients treated with FIASP®. In Study A, patients with type 1 diabetes treated with FIASP® reported 2.2% injection site reactions.

Weight Gain
Weight gain can occur with insulin therapy, including FIASP®, and has been attributed to the anabolic effects of insulin and the decrease in glucosuria. In Study A, patients with type 1 diabetes treated with FIASP® gained an average of 0.7 kg and in Study B, patients with type 2 diabetes treated with FIASP® gained an average of 2.7 kg.

Peripheral Edema
Insulin, including FIASP®, may cause sodium retention and edema, particularly if previous poor metabolic control is improved by intensified insulin therapy. In the clinical program, peripheral edema occurred in 0.8% of patients treated with FIASP®.

6.2 Immunogenicity
As with all therapeutic proteins, there is a potential for immunogenicity. The detection of antibody formation is highly dependent on the sensitivity and specificity of the assay and may be influenced by several factors such as: assay methodology, sample handling, timing of sample collection, concomitant medication, and underlying disease. For these reasons, comparison of the incidence of antibodies to FIASP® in the studies described below with the incidence of antibodies in other studies or to other products may be misleading.

In a 26-week study in adult subjects with type 1 diabetes (Study A [see Clinical Studies (14)]), among the 763 subjects who received FIASP®, 97.2% were positive for cross-reacting anti-insulin antibodies (AIA) and 9.4% for insulin aspart antibodies (ADA) at least once during the study, including 17.3% that were positive at baseline.

7 DRUG INTERACTIONS
Table 4 includes clinically significant drug interactions with FIASP®.

8 USE IN SPECIFIC POPULATIONS
8.1 Pregnancy
Risk Summary
There are no available data with FIASP® in pregnant women to inform a drug-associated risk for major birth defects and miscarriage. Available information from published randomized controlled trials with insulin aspart use during the second trimester of pregnancy has not reported an association with insulin aspart and major birth defects or spontaneous abortion. (See Table 4: Commonly Used Drugs: Maternal and Fetal Outcomes.) There are risks to the mother and fetus associated with poorly controlled diabetes in pregnancy [see Clinical Considerations].

In animal reproduction studies, administration of subcutaneous insulin aspart to pregnant rats and rabbits during the period of organogenesis did not cause adverse developmental effects at exposures that significantly exceeded the human exposure (see Animal Data). There have been no adequate and well-controlled studies in pregnant women. Because animal reproduction studies are not always predictive of human response, a risk cannot be ruled out.

Allergic Reactions
Severe, life-threatening, generalized allergy, including anaphylaxis, generalized skin reactions, angioedema, bronchospasm, hypotension, and shock may occur with any insulin, including FIASP®, and may be life threatening [see Warnings and Precautions (5.6)]. In the clinical program, generalized hypersensitivity reactions (manifested by generalized skin rash and facial edema) was reported in 0.4% of patients treated with FIASP®. Allergic skin manifestations reported with FIASP® in 1.7% of patients from the clinical program include eczema, rash, rash pruritic, urticaria and dermatitis.

In the clinical program, injection site reactions occurred in 1.6% of patients treated with FIASP®. In Study A, patients with type 1 diabetes treated with FIASP® reported 2.2% injection site reactions.

Hypoglycemia
Excess insulin administration may cause hypoglycemia and hypokalemia [see Warnings and Precautions (5.3, 5.5)]. Mild and moderate hypoglycemia usually can be treated with oral glucose. Adjustments in drug dosage, meal patterns, or exercise, may be needed. More severe episodes with coma, seizure or neurologic impairment may be treated with intramuscular/subcutaneous glucagon or concentrated intravenous glucose. Sustained carbohydrate intake and observation may be necessary because hypoglycemia may recur after apparent clinical recovery. Hypokalemia must be corrected appropriately.

sustcutaneous dose of 1.0 unit/kg/day for rabbits, based on human exposure equivalents. The effects are considered to be peripheral to maternal hypoglycemia.

8.2 Lactation
Risk Summary
There are no data on the presence of FIASP® in human milk, the effects on the breastfed infant, or the effect on milk production. One small published study reported that exogenous insulin, including insulin aspart, was present in human milk. However, there is insufficient information to determine the effects of insulin aspart on the breastfed infant and no available information on the effects of insulin aspart on milk production. The developmental and health benefits of breastfeeding should be considered along with the mother’s clinical need for insulin, any potential adverse effects on the breastfed child from FIASP®, or insulin aspart or from the underlying maternal condition.

8.4 Pediatric Use
The safety and effectiveness of FIASP® in pediatric patients have not been established.

8.5 Geriatric Use
In the three controlled clinical studies, 192 of 1219 (16%) FIASP® treated patients with type 1 or type 2 diabetes were ≥ 65 years of age and 24 of 1219 (2%) were ≥ 75 years of age. No overall differences in safety or effectiveness were observed between these elderly patients and younger adult patients.

Nevertheless, caution should be exercised when FIASP® is administered to geriatric patients. In elderly patients with diabetes, the incidence of hypoglycemia may be increased, and maintenance dosage should be conservative to avoid hypoglycemia [see Warnings and Precautions (5.3), Adverse Reactions (6.1) and Clinical Studies (14)].

Pharmacokinetic/pharmacodynamic study to assess the effect of age on the onset of FIASP® action has been performed [see Clinical Pharmacology (12.3)].

8.6 Renal Impairment
Patients with renal impairment may be at increased risk of hypoglycemia and may require more frequent FIASP® dose adjustment and more frequent blood glucose monitoring [see Warnings and Precautions (5.3) and Clinical Pharmacology (12.3)].

8.7 Hepatic Impairment
Patients with hepatic impairment may be at increased risk of hypoglycemia and may require more frequent FIASP® dose adjustment and more frequent blood glucose monitoring [see Warnings and Precautions (5.3) and Clinical Pharmacology (12.3)].

10 OVERDOSAGE
Excess insulin administration may cause hypoglycemia and hypokalemia [see Warnings and Precautions (5.3, 5.5)]. Mild and moderate hypoglycemia usually can be treated with oral glucose. Adjustments in drug dosage, meal patterns, or exercise, may be needed. More severe episodes with coma, seizure or neurologic impairment may be treated with intramuscular/subcutaneous glucagon or concentrated intravenous glucose. Sustained carbohydrate intake and observation may be necessary because hypoglycemia may recur after apparent clinical recovery. Hypokalemia must be corrected appropriately.

11 DESCRIPTION
FIASP® (insulin aspart injection) is a rapid-acting insulin analog for subcutaneous or intravenous administration used to lower blood glucose. Insulin aspart is homologous with regular human insulin with the exception of a single substitution of the amino acid proline by aspartic acid at position B28, and is produced by recombinant DNA technology utilizing Saccharomyces cerevisiae. Insulin aspart has the empirical formula C22H33N5O12S6 and a molecular weight of 8265.8 daltons.

![Figure 1. Structural Formula of Insulin Aspart](image-url)
12 CLINICAL PHARMACOLOGY

12.1 Mechanism of Action

The primary activity of FIASP® is the regulation of glucose metabolism. Insulins, including insulin aspart, the active ingredient in FIASP®, exert their specific action through binding to insulin receptors. Receptor-bound insulin lowers blood glucose by facilitating cellular uptake of glucose into skeletal muscle and adipose tissue and by inhibiting the output of glucose from the liver. Insulin inhibits lipolysis in the adipocyte, inhibits proteolysis, and enhances protein synthesis.

12.2 Pharmacodynamics

The time course of insulin action (i.e., glucose lowering) may vary considerably in different individuals or within the same individual. The average pharmacodynamic profile (i.e., glucose lowering effect measured as glucose infusion rate (GIR) in a euglycemic clamp study) for subcutaneous administration of 0.1, 0.2, and 0.4 unit/kg of FIASP® in 46 patients with Type 1 diabetes is shown in Figure 2 and key characteristics of the timing of the effect are described in Table 5 below.

<table>
<thead>
<tr>
<th>Parameter for Insulin Effect</th>
<th>FIASP® 0.1 unit/kg</th>
<th>FIASP® 0.2 unit/kg</th>
<th>FIASP® 0.4 unit/kg</th>
</tr>
</thead>
<tbody>
<tr>
<td>Time to first measurable effect</td>
<td>~20 minutes</td>
<td>~17 minutes</td>
<td>~16 minutes</td>
</tr>
<tr>
<td>Time to peak effect</td>
<td>122 minutes</td>
<td>133 minutes</td>
<td>133 minutes</td>
</tr>
<tr>
<td>Time for effect to return to baseline</td>
<td>~5 hours</td>
<td>~6 hours</td>
<td>~7 hours</td>
</tr>
</tbody>
</table>

Table 5. Timing of insulin effect (i.e., mean pharmacodynamic effect) after subcutaneous administration of 0.1, 0.2 and 0.4 unit/kg of FIASP® in patients (N=46) with Type 1 Diabetes and corresponding to the data shown in Figure 2

On average, the pharmacodynamic effects of FIASP®, measured as area under the glucose infusion rate-time curve (AUC0inf), was 697 mg/kg, 1406 mg/kg, and 2427 mg/kg following administration of 0.1, 0.2, and 0.4 unit/kg of FIASP®.

The day-to-day variability in glucose-lowering-effect of FIASP® within patients was ~18% for total glucose lowering (AUC0-inf) and ~19% for maximum glucose lowering effect (G-lnmax).

12.3 Pharmacokinetics

Absorption

Pharmacokinetic results from a euglycemic clamp study in adult patients with type 1 diabetes (N=51) showed that insulin aspart appeared in the circulation ~2.5 minutes after administration of FIASP® (Figure 3). Time to maximum insulin concentrations was achieved ~63 minutes after administration of FIASP®.

In 52-week studies, Sprague-Dawley rats were dosed subcutaneously with insulin aspart at 10, 50, and 200 units/kg/day (approximately 2.8, 8, and 32 times the human subcutaneous dose of 1.0 units/kg/day, based on units/body surface area, respectively). At a dose of 200 units/kg/day, insulin aspart increased the incidence of mammary gland tumors in females when compared to untreated controls. The incidence of mammary tumors for insulin aspart was not significantly different than for regular human insulin. The relevance of these findings to humans is not known.

Insulin aspart was not genotoxic in the following tests: Ames test, mouse lymphoma cell forward gene mutation test, human peripheral blood lymphocyte chromosome aberration test, in vivo micronucleus test in mice, and in ex vivo UDS test in rat liver hepatocytes. In fertility studies in male and female rats, at subcutaneous doses up to 200 units/kg/day (approximately 32 times the human subcutaneous dose, based on units/body surface area), no direct adverse effects on male and female fertility or general reproductive performance of animals was observed.

14 CLINICAL STUDIES

14.1 Overview of Clinical Studies

The efficacy of FIASP® was evaluated in 3 randomized, active-controlled trials of 16 to 26 weeks duration. In total, 1224 adult subjects were randomized to FIASP® (N=763 with type 1 diabetes; N=461 with type 2 diabetes). In adult patients with type 1 diabetes, mealtime FIASP® and postmeal FIASP® led to non-inferior glycemic control compared to mealtime NovoLog®, both in combination with insulin detemir. In adult patients with type 2 diabetes, mealtime FIASP® provided non-inferior glycemic control compared to mealtime NovoLog®, both in combination with metformin. In addition, mealtime FIASP® in a basal-bolus regimen with metformin also provided statistically significant improvement in the overall glycemic control compared to basal insulin therapy alone with metformin in adult patients with type 2 diabetes.

14.2 Type 1 Diabetes - Adults

Study A (NCT01311765): FIASP® added to insulin detemir in patients with Type 1 DM inadequately controlled at baseline.

The efficacy of FIASP® was evaluated in a 26-week, randomized, active controlled, treat-to-target, multicenter trial in 1143 adult patients with type 1 diabetes inadequately controlled at baseline. Patients were randomized to either blinded mealtime FIASP® (N=381), blinded mealtime NovoLog® (N=380), or open-label postmeal FIASP® (N=382), all in combination with once or twice daily insulin detemir. At randomization, patients were switched to FIASP® on a unit to unit basis. Mealtime FIASP® or NovoLog® was injected 0-2 minutes before the meal, and postmeal FIASP® was injected 20 minutes after the start of the meal.

The mean age of the randomized subjects was 44.4 years and mean duration of diabetes was 19.9 years. 59% were male, 93% were White, 2% were Black or African American, and 7% were Hispanic. The mean BMI was 26.7 kg/m².

After 26 weeks of treatment, treatment difference in HbA1c reduction from baseline to mealtime FIASP® compared to mealtime NovoLog®, and the treatment difference between postmeal FIASP® compared to mealtime NovoLog® met the pre-specified non-inferiority margin (0.4%). See Table 6. Insulin doses were similar among study arms at baseline and at the end of the trial.

14.3 Type 2 Diabetes - Adults

Study B (NCT01819129): FIASP® added to basal insulin and oral antidiabetics in patients with Type 2 DM inadequately controlled at baseline.

The efficacy of FIASP® was evaluated in a 26-week randomized, double-blind, active controlled, treat-to-target, multicenter, multinational, parallel group trial in 689 adult patients with type 2 diabetes who were inadequately controlled at baseline on basal insulin and oral antidiabetic therapy and had been on these therapies for at least 6 months. Patients were randomized to either mealtime FIASP® or to mealtime NovoLog®, both in combination with insulin glargine and metformin in a basal-bolus regimen. Mealtime FIASP® or mealtime NovoLog® was injected 0-2 minutes before the meal.

The mean age of the randomized subjects was 59.5 years and the mean duration of diabetes was 12.7 years. 49% were male, 8% were White, 6% were Black or African American, and 6% were Hispanic. The mean BMI was 31.2 kg/m².

After 26 weeks of treatment, the treatment difference in HbA1c reduction from baseline to mealtime FIASP® and mealtime NovoLog®, both in combination with insulin glargine and metformin, met the pre-specified non-inferiority margin (0.4%). See Table 7. Insulin doses were similar among study arms at the end of the trial.
Keep the cap on the pen in order to protect from light. Keep unused vials and FIASP® FlexTouch® in the carton so they will stay clean and protected from light.

Always remove the needle after each injection and store FIASP® FlexTouch® without a needle attached. This prevents contamination and/or infection, or leakage of insulin, and will ensure accurate dosing. Always use a new needle for each injection to prevent contamination.

The storage conditions for vials and FIASP® FlexTouch® pens are summarized in Table 9:

Table 7. Results from Study B: 26-Week Trial of Mealtime FIASP® Compared to Mealtime NovoLog®, Both used in Combination with Insulin Glargine and Metformin, in Adults with Type 2 Diabetes

<table>
<thead>
<tr>
<th>Mealtimes</th>
<th>Mealtimes + insulin glargine</th>
<th>Mealtimes + insulin glargine</th>
<th>Mealtimes + insulin glargine</th>
<th>Mealtimes + insulin glargine</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baseline</td>
<td>8.0</td>
<td>7.9</td>
<td>7.9</td>
<td>7.9</td>
</tr>
<tr>
<td>Adjusted change from baseline</td>
<td>-1.38</td>
<td>-1.38</td>
<td>-1.38</td>
<td>-1.38</td>
</tr>
</tbody>
</table>

Baseline is based on the mean of the observed last available values prior to randomization.

*Tested for non-inferiority 11.9% of subjects on the Mealtimes FIASP® arm and 10.2% of subjects on the Mealtime NovoLog® arm were missing the final HbA1c assessment.

Study C (NCT01865065): FIASP® added to basal insulin and metformin in patients with Type 2 DM inadequately controlled at baseline on basal insulin and metformin

The efficacy of FIASP® was evaluated in an 18-week randomized, open-label, parallel group trial in 236 adult patients with type 2 diabetes who were inadequately controlled on basal insulin and metformin therapy, either with or without other oral antidiabetic therapy, for at least 3 months. Patients were randomized to either mealtime FIASP® in addition to basal insulin and metformin or to continuing basal insulin and metformin therapy without FIASP®. The basal insulins used in both treatment arms were insulin glargine, insulin detemir or NPH. All patients were also required to be on ≥1000 mg metformin treatment at baseline.

The mean age of the trial population was 57.4 years and the mean duration of diabetes was 11.3 years. 48% were male, 70% were White, 4% were Black or African American, and 37% were Hispanic. The mean BMI was 30.8 kg/m². After 18 weeks of treatment, addition of FIASP® to basal insulin and metformin statistically significantly reduced HbA1c compared to continuing basal insulin and metformin therapy without addition of FIASP® (Table 8).

Table 8. Results from Study C: 18-Week Trial of Mealtime FIASP® in Adults with Type 2 Diabetes Inadequately Controlled at Baseline on Basal Insulin and Metformin

<table>
<thead>
<tr>
<th>Number of subjects randomized (N)</th>
<th>116</th>
<th>120</th>
</tr>
</thead>
<tbody>
<tr>
<td>HbA1c (%)</td>
<td>7.9</td>
<td>7.9</td>
</tr>
<tr>
<td>Adjusted change from baseline</td>
<td>-1.16</td>
<td>-0.22</td>
</tr>
<tr>
<td>Estimated treatment difference vs. basal insulin + metformin (95% CI)*</td>
<td>-0.941[-1.17, -0.72]*</td>
<td></td>
</tr>
<tr>
<td>Proportion of patients Achieving HbA1c &lt; 7% at Trial End</td>
<td>60.3%</td>
<td>18.3%</td>
</tr>
</tbody>
</table>

Baseline is based on the mean of the observed last available values prior to randomization.

*p < 0.0001, 1-sided p-value evaluated at 2.5% level for superiority. 6.0% of subjects on the mealtime FIASP® arm and 3.3% of subjects on the placebo arm were missing the final HbA1c assessment.

16 HOW SUPPLIED/STORAGE AND HANDLING

16.1 How Supplied

FIASP® (insulin aspart injection) 100 units of insulin aspart per mL (U-100) is available as a clear and colorless solution in:

10 mL multiple-dose vials NDC 0169-3201-11
3 mL single-patient use FIASP® FlexTouch® pen NDC 0169-3204-15

16.2 Recommended Storage

Unused FIASP® vials should be stored between 2° to 8°C (36° to 46°F) in a refrigerator, but not in or near a freezing compartment. FIASP® should not be exposed to excessive heat or light and must never be frozen. Do not freeze FIASP® and do not use FIASP® if it has been frozen. FIASP® should not be drawn into a syringe and stored for later use. Only use the product if it has a clear and almost colorless appearance.

Table 9. Storage Conditions for Vial and FIASP® FlexTouch®

<table>
<thead>
<tr>
<th>FIASP® presentation</th>
<th>Not in-use (unopened)</th>
<th>In-use (opened)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Room Temperature (below 30°C)</td>
<td>Refrigerated (2°C to 8°C)</td>
<td>Room Temperature (below 30°C)</td>
</tr>
<tr>
<td>10 mL vial</td>
<td>28 days</td>
<td>Until expiration date</td>
</tr>
<tr>
<td>3 mL FIASP® FlexTouch®</td>
<td>28 days</td>
<td>Until expiration date</td>
</tr>
</tbody>
</table>

Storage of FIASP® in Intravenous Infusion Fluids:

Infusion bags prepared as indicated under Dosage and Administration (2.2) are stable at room temperature for 24 hours.

17 PATIENT COUNSELING INFORMATION

Advise the patient to read the FDA-Approved Patient Labeling (Patient Information and Instructions for Use).

Never Share a FIASP® FlexTouch® Pen Device Between Patients

Advise patients that they should never share a FIASP® FlexTouch® pen device with another person, even if the needle is changed, because doing so carries a risk for transmission of blood-borne pathogens. Advise patients using FIASP® vials not to share needles or syringes with another person. Sharing poses a risk for transmission of blood-borne pathogens (see Warnings and Precautions (5.1)).

Hypoglycemia

Inform patients that hypoglycemia is the most common adverse reaction with insulin. Instruct patients on self-management procedures including glucose monitoring, proper injection technique, and management of hypoglycemia and hyperglycemia, especially at initiation of FIASP® therapy. Instruct patients on handling of special situations such as intercurrent conditions (illness, stress, or emotional disturbances), an inadequate or skipped insulin dose, inadvertent administration of an increased insulin dose, inadequate food intake, and skipped meals. Instruct patients on the management of hypoglycemia (see Warnings and Precautions (5.3)).

Inform patients that their ability to concentrate and react may be impaired as a result of hypoglycemia. Advise patients who have frequent hypoglycemia or reduced or absent warning signs of hypoglycemia to use caution when driving or operating machinery.

Hypersensitivity Reactions

Advise patients that hypersensitivity reactions have occurred with FIASP®, inform patients on the symptoms of hypersensitivity reactions (see Warnings and Precautions (5.6)).

Hypoglycemia due to Medication Errors

Inform patients that their ability to concentrate and react may be impaired as a result of hypoglycemia. Advise patients who have frequent hypoglycemia or reduced or absent warning signs of hypoglycemia to use caution when driving or operating machinery.

Women of Reproductive Potential

Advise patients to inform their health care professional if they are pregnant or are contemplating pregnancy.

Administration

FIASP® must only be used if the solution is clear and colorless with no particles visible. Patients must be advised that FIASP® must NOT be diluted or mixed with any other insulin or solution [see Dosage and Administration (2.1)].

Instruct patients on basal-bolus treatment who forget a mealtime dose to monitor their blood glucose level to decide if an insulin dose is needed, and to resume their usual dosing schedule at the next meal.

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Version: 1
Novo Nordisk®, FIASP®, NovoLog®, FlexTouch®, NovoFine®, and NovoTwist® are registered trademarks of Novo Nordisk A/S.

Manufactured by: Novo Nordisk A/S
800 Scudders Mill Road
Piney Bluffs, New Jersey 08536
1-800-727-6500
www.novonordisk-us.com
© 2017 Novo Nordisk A/S
USA17INS03320 October 2017
### Before you start taking FIASP®

Talk to your healthcare provider about low blood sugar and how to manage it.

### Who should not take FIASP®?

Do not take FIASP® if you:

- are having an episode of low blood sugar (hypoglycemia).
- have an allergy to insulin aspart or any of the ingredients in FIASP®.
- are pregnant or plan to become pregnant. Talk with your healthcare provider about the best way to control your blood sugar if you plan to become pregnant or while you are pregnant.
- have liver problems.
- have kidney problems.
- have an allergy to insulin aspart or any of the ingredients in FIASP®.
- are taking new prescription or over-the-counter medicines, vitamins, or herbal supplements.
- are breastfeeding or plan to breastfeed. It is not known if FIASP® passes into your breast milk. Talk with your healthcare provider about the best way to feed your baby while using FIASP®.
- are taking prescription or over-the-counter medicines that contain alcohol.
- are drinking alcohol.
- are taking prescription or over-the-counter medicines that contain aspirin or other nonsteroidal anti-inflammatory drugs (NSAIDs) such as ibuprofen, naproxen, or ketoprofen.
- have an allergy to E. coli bacteria.
- have heart problems.
- have heart failure.
- have previously been allergic toinsulin aspart.
- are allergic to the ingredients in FIASP®.
- are taking TZDs with FIASP®. Your healthcare provider should monitor you closely while you are taking TZDs with FIASP®.

### What is FIASP®?

FIASP® is a man-made insulin that is used to control high blood sugar in adults with diabetes mellitus.

It is not known if FIASP® is safe and effective in children.

### How should I take FIASP®?

**Read the Instructions for Use** that come with your FIASP®.

- Take FIASP® exactly as your healthcare provider tells you.
- FIASP® starts acting fast. You should take your dose of FIASP® at the beginning of the meal or within 20 minutes after starting a meal.
- Know the type and strength of insulin you take. Do not change the type of insulin you take unless your healthcare provider tells you to. The amount of insulin and the best time for you to take your insulin may need to change if you take different types of insulin.
- If you miss a dose of FIASP®, monitor your blood sugar levels to decide if an insulin dose is needed. Continue with your regular dosing schedule at the next meal.
- Check your blood sugar levels. Ask your healthcare provider what your blood sugars should be and when you should check your blood sugar levels.
- Do not reuse or share needles with other people. You may give other people a serious infection, or get a serious infection from them.

### What should I avoid while taking FIASP®?

**While taking FIASP® do not:**

- Drive or operate heavy machinery until you know how FIASP® affects you.
- Drink alcohol or use prescription or over-the-counter medicines that contain alcohol.

### What are the possible side effects of FIASP®?

FIASP® may cause serious side effects that can lead to death, including:

- low blood sugar (hypoglycemia). Signs and symptoms that may indicate low blood sugar include:
  - dizziness or light-headedness
  - anxiety, irritability, or mood changes
  - slurred speech
  - confusion
  - headache
  -fast heart beat
  - sweating
  - hunger
  - shakiness

Your insulin dose may need to change because of:

- change in level of physical activity or exercise
- weight gain or loss
- low potassium in your blood (hypokalemia).

### What are the ingredients in FIASP®?

**Active Ingredient:** insulin aspart

**Inactive Ingredients:** glycerol, phenol, metacresol, zinc, disodium phosphate dihydrate, arginine hydrochloride, niacinamide and water for injections

**Manufactured by:**

Novo Nordisk A/S
DK-2880 Bagsvaerd, Denmark

For more information, go to www.novonordisk-us.com or call 1-800-727-6500.

This Patient Information has been approved by the U.S. Food and Drug Administration.

Revised: 09/2017
**Step 1:**
- Pull Pen cap straight off (See Figure B).

**Supplies you will need to give your FIASP® injection:**
- FIASP® FlexTouch® Pen
- a new NovoFine®, NovoFine® Plus or NovoTwist® needle
- alcohol swab
- a sharps container for throwing away used Pens and needles.
- This Pen is **not recommended** for use by the blind or visually impaired without the assistance of a person trained in the proper use of the product.

**Step 2:**
- Check the liquid in the Pen (See Figure C). FIASP® should look clear and colorless. **Do not use it if it looks cloudy or colored.**

**Step 3:**
- Select a new needle.
- Pull off the paper tab from the outer needle cap (See Figure D).

**Step 4:**
- Push the capped needle straight onto the Pen and twist the needle on until it is tight (See Figure E).

**Step 5:**
- Pull off the outer needle cap. **Do not throw it away** (See Figure F).

**Step 6:**
- Pull off the inner needle cap and throw it away (See Figure G).

**Step 7:**
- Turn the dose selector to select **2 units** (See Figure H).

**Step 8:**
- Hold the Pen with the needle pointing up. Tap the top of the Pen gently a few times to let any air bubbles rise to the top (See Figure I).

**Step 9:**
- Hold the Pen with the needle pointing up. Press and hold in the dose button until the dose counter shows “0”. The “0” must line up with the dose pointer.

- A drop of insulin should be seen at the needle tip (See Figure J).
  - If you do not see a drop of insulin, repeat steps 7 to 9, no more than 6 times.
  - If you still do not see a drop of insulin, change the needle and repeat steps 7 to 9.

**Step 10:**
- Check to make sure the dose selector is set at 0.
- Turn the dose selector to select the number of units you need to inject. The dose pointer should line up with your dose (See Figure K).
  - If you select the wrong dose, you can turn the dose selector forwards or backwards to the correct dose.
  - The even numbers are printed on the dial.
  - The odd numbers are shown as lines.

**Selecting your dose:**
- A drop of insulin should be seen at the needle tip.
- The dose counter shows “0”.
- The “0” must line up with the dose pointer.
- The even numbers are printed on the dial.
- The odd numbers are shown as lines.

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- The dose counter shows “0”.
- The “0” must line up with the dose pointer.
- The even numbers are printed on the dial.
- The odd numbers are shown as lines.
Giving your injection:

- Inject your FIASP® exactly as your healthcare provider has shown you. Your healthcare provider should tell you if you need to pinch the skin before injecting.
- You should take your dose of FIASP® at the start of a meal or within 20 minutes after starting a meal.
- FIASP® can be injected under the skin (subcutaneously) of your stomach area (abdomen), upper legs (thighs) or upper arms. Do not inject FIASP® into your muscle.
- Change (rotate) your injection sites within the area you choose for each dose. Do not use the same injection site for each injection.

Step 11:

- Choose your injection site and wipe the skin with an alcohol swab. Let the injection site dry before you inject your dose (See Figure M).

Step 12:

- Insert the needle into your skin (See Figure N).
  - Make sure you can see the dose counter. Do not cover it with your fingers; this can stop your injection.

Step 13:

- Press and hold down the dose button until the dose counter shows “0” (See Figure O).
  - The “0” must line up with the dose pointer. You may then hear or feel a click.
- Keep the needle in your skin after the dose counter has returned to “0” and slowly count to 6 (See Figure O).
  - When the dose counter returns to “0”, you will not get your full dose until 6 seconds later.
- If the needle is removed before you count to 6, you may see a stream of insulin coming from the needle tip.
- If you see a stream of insulin coming from the needle tip you will not get your full dose. If this happens you should check your blood sugar levels more often because you may need more insulin.

Step 14:

- Pull the needle out of your skin (See Figure Q).
  - If you see blood after you take the needle out of your skin, press the injection site lightly with a piece of gauze or an alcohol swab. Do not rub the area.

Step 15:

- Carefully remove the needle from the Pen and throw it away (See Figure R).
  - Do not recap the needle. Recapping the needle can lead to needle stick injury.
- If you do not have a sharps container, carefully slip the needle into the outer needle cap (See Figure S). Safely remove the needle and throw it away as soon as you can.
  - Do not store the Pen with the needle attached. Storing without the needle attached helps prevent leaking, blocking of the needle, and air from entering the Pen.

Step 16:

- Replace the Pen cap by pushing it straight on (See Figure T).

After your injection:

- Put your used FIASP® FlexTouch® Pen and needles in a FDA-cleared sharps disposal container right away after use. Do not throw away (dispose of) loose needles and Pens in your household trash.
- If you do not have a FDA-cleared sharps disposal container, you may use a household container that is:
  - made of a heavy-duty plastic
  - can be closed with a tight-fitting, puncture-resistant lid, without sharps being able to come out
  - upright and stable during use
  - leak-resistant
  - properly labeled to warn of hazardous waste inside the container
- When your sharps disposal container is almost full, you will need to follow your community guidelines for the right way to dispose of your sharps disposal container. There may be state or local laws about how you should throw away used needles and syringes. Do not reuse or share needles or syringes with another person. For more information about safe sharps disposal, and for specific information about sharps disposal in the state that you live in, go to the FDA’s website at: http://www.fda.gov/safesharpsdisposal.
  - Do not dispose of your used sharps disposal container in your household trash unless your community guidelines permit this. Do not recycle your used sharps disposal container.

How should I store my FIASP® FlexTouch® Pen?

Before use:

- Store unused FIASP® FlexTouch® Pens in the refrigerator at 36°F to 46°F (2°C to 8°C) or at room temperature below 86°F (30°C).
- Do not freeze FIASP®. Do not use FIASP® if it has been frozen.
- Unused Pens may be used until the expiration date printed on the label, if kept in the refrigerator.
- If FIASP® FlexTouch® Pens are stored at room temperature prior to first use, it should be used or thrown away within 28 days.

Pen in use:

- Store the Pen you are currently using without the needle attached at room temperature below 86°F (30°C) or in the refrigerator at 36°F to 46°F (2°C to 8°C) for up to 28 days.
- Keep FIASP® away from excessive heat or light.
- The FIASP® FlexTouch® Pen you are using is to be thrown away after 28 days, even if it still has insulin left in it and the expiration date has not passed.

General Information about the safe and effective use of FIASP®:

- Keep FIASP® FlexTouch® Pens and needles out of the reach of children.
- Always use a new needle for each injection.
- Do not share FIASP® FlexTouch® Pens or needles with other people. You may give other people a serious infection, or get a serious infection from them.

This Instructions for Use has been approved by the U.S. Food and Drug Administration.

Manufactured by:
Novo Nordisk A/S
DK-2880 Bagsvaerd, Denmark

Revised: 09/2017
For more information go to www.FIASPflextouch.com

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USA17INS03320 October 2017
Instructions for Use

FIASP® (fee’ asp)
(insulin aspart injection)
10 mL vial (100 units/mL, U-100)

Read these Instructions for Use before you start taking FIASP® and each time you get a refill. There may be new information. This information does not take the place of talking to your healthcare provider about your medical condition or your treatment. The vial is not recommended for use by the blind or visually impaired without the assistance of a person trained in the proper use of the product and insulin syringe.

Do not reuse or share syringes or needles with other people. You may give other people a serious infection or get a serious infection from them.

Supplies you will need to give your FIASP® injection:
• a 10 mL FIASP® vial
• a U-100 insulin syringe and needle
• 2 alcohol swabs
• 1 sharps container for throwing away used needles and syringes. See “Disposing of your used needles and syringes” at the end of these instructions.

Preparing your FIASP® dose:
• Do not roll or shake the FIASP® vial. Shaking the FIASP® vial right before the dose is drawn into the syringe may cause bubbles or foam. This can cause you to draw up the wrong dose of insulin.
• The tamper-resistant cap should not be loose or damaged before the first use. Do not use if the tamper-resistant cap is loose or damaged before using FIASP® for the first time.
• Wash your hands with soap and water.
• Before you start to prepare your injection, check the FIASP® label to make sure that you are taking the right type of insulin. This is especially important if you use more than 1 type of insulin.
  • Check that the FIASP® vial is not cracked or damaged.
• FIASP® should look clear and colorless. Do not use FIASP® if it is thick, cloudy, or is colored.
• Do not use FIASP® past the expiration date printed on the label.

Step 1: Pull off the tamper-resistant cap (See Figure A).
Step 2: Wipe the rubber stopper with an alcohol swab (See Figure B).
Step 3: Hold the syringe with the needle pointing up. Pull down on the plunger until the tip of the plunger reaches the line for the number of units for your prescribed dose (See Figure C).

Giving your FIASP® injection:
• Inject your FIASP® exactly as your healthcare provider has shown you. Your healthcare provider should tell you if you need to pinch the skin before injecting.
• You should take your dose of FIASP® at the start of a meal or within 20 minutes after starting a meal.
• FIASP® can be injected under the skin (subcutaneously) of your stomach area, upper legs, or upper arms. Do not inject FIASP® into your muscle.
• Change (rotate) your injection site for each injection. Do not use the same injection site for each injection.
• Do not dilute or mix FIASP® with any other type of insulin products or solutions.

Step 4: Push the needle through the rubber stopper of the FIASP® vial (See Figure D).
Step 5: Push the plunger all the way in. This puts air into the FIASP® vial (See Figure E).
Step 6: Turn the FIASP® vial and syringe upside down and slowly pull the plunger down until the tip of the plunger is a few units past the line for your dose (See Figure F).

If there are air bubbles, tap the syringe gently a few times to let any air bubbles rise to the top (See Figure G).

Step 7: Slowly push the plunger up until the tip of the plunger reaches the line for your prescribed FIASP® dose (See Figure H).
Step 8: Check the syringe to make sure you have the right dose of FIASP®.
Step 9: Pull the syringe out of the rubber stopper on the vial (See Figure I).

Giving your FIASP® injection:
• Inject your FIASP® exactly as your healthcare provider has shown you. Your healthcare provider should tell you if you need to pinch the skin before injecting.
• You should take your dose of FIASP® at the start of a meal or within 20 minutes after starting a meal.
• FIASP® can be injected under the skin (subcutaneously) of your stomach area, upper legs, or upper arms. Do not inject FIASP® into your muscle.
• Change (rotate) your injection site for each injection. Do not use the same injection site for each injection.
• Do not dilute or mix FIASP® with any other type of insulin products or solutions.

Step 10: Choose your injection site and wipe the skin with an alcohol swab (See Figure J). Let the injection site dry before you inject your dose.
Step 11: Insert the needle into your skin. Push down on the plunger to inject your dose (See Figure K). Make sure you have injected all the insulin in the syringe.
Step 12: Pull the needle out of your skin. After your injection you may see a drop of FIASP® at the needle tip. This is normal and does not affect the dose you just received (See Figure L).
  • If you see blood after you take the needle out of your skin, press the injection site lightly with a piece of gauze or an alcohol swab. Do not rub the area.

After your injection:
• Do not recap the needle. Recapping the needle can lead to needle stick injury.

Disposing of your used needles and syringes:
Put your used insulin needles and syringes in a FDA-cleared sharps disposal container right away after use. Do not throw away (dispose of) loose needles and syringes in your household trash.
If you do not have a FDA-cleared sharps disposal container, you may use a household container that is:
• made of a heavy-duty plastic;
• can be closed with a tight-fitting, puncture-resistant lid, without sharps being able to come out;
• upright and stable during use;
• leak-resistant, and
• properly labeled to warn of hazardous waste inside the container.

• If you see blood after you take the needle out of your skin, press the injection site lightly with a piece of gauze or an alcohol swab. Do not rub the area.

How should I store FIASP®?
• Do not freeze FIASP®. Do not use FIASP® if it has been frozen.
• Keep FIASP® away from excessive heat or light.
• Store unopened FIASP® vials in the refrigerator at 36°F to 46°F (2°C to 8°C) or at room temperature below 86°F (30°C).
• Store opened FIASP® vials in the refrigerator at 36°F to 46°F (2°C to 8°C) or at room temperature below 86°F (30°C).

• Unopened FIASP® vials may be used until the expiration date printed on the label, if they are kept in the refrigerator.
• If FIASP® vials are stored at room temperature prior to first use, they should be used or thrown away within 28 days.
• Opened FIASP® vials should be thrown away after 28 days, even if they still have insulin left in them.
General information about the safe and effective use of FIASP®

- Always use a new syringe and needle for each injection to help ensure sterility and prevent blocked needles.
- **Do not** reuse or share syringes or needles with other people. You may give other people a serious infection or get a serious infection from them.
- Keep FIASP® vials, syringes, and needles out of the reach of children.

This Instructions for Use has been approved by the U.S. Food and Drug Administration.